

Selected Publications Record

(a) *Journal Articles*

1. Geller, J., Brown, K.E., Srikaneswaran, S., Piper, W. & **Dunn, E. C.** (2013). The psychometric properties of the Readiness and Motivation Questionnaire: A symptom specific measure of readiness for change in the eating disorders. *Psychological Assessment, 25*(3), 759-768.
2. Geller, J. & **Dunn, E.C.** (2011). Integrating Motivational Interviewing and Cognitive Behavioral Therapy in the treatment of eating disorders: Tailoring interventions to patient readiness for change. *Cognitive and Behavioral Practice, 18*, 5-15.
3. Hoffman, J.M., Bell, K.R., Powell, J.M., Behr, J., **Dunn, E.C.**, Dikmen, S., & Bombardier, C.H. (2010). A randomized controlled trial of exercise to improve mood after traumatic brain injury. *Physical Medicine and Rehabilitation, 2*, 911-919.
4. **Dunn, E.C.**, Geller, J., Brown, K.E., & Bates, M. (2010). Addressing the EDNOS issue and improving upon the clinical utility of the DSM-IV: A new method of classification using symptom profiles. *European Eating Disorders Review, 18*, 271-280.
5. **Dunn, E.C.**, Neighbors, C., & Larimer, M.E. (2009). A cross-lagged evaluation of eating disorder symptomatology and substance use problems. *Journal of Studies on Alcohol and Drugs, 70*, 106-116.
6. Geller, J., Brown, K.E., Zaitsoff, S.L., Bates, M.E., Menna, R., & **Dunn, E.C.** (2008). Assessing readiness for change in adolescents with eating disorders: The psychometric properties of the Readiness and Motivation Interview. *Psychological Assessment, 20*, 63-69.
7. **Dunn, E. C.**, Neighbors, C., & Larimer, M. E. (2006). Motivational enhancement therapy and self-help treatment for binge eaters. *Psychology of Addictive Behaviors, 20*, 44-52.
8. **Dunn, E. C.**, Neighbors, C., & Larimer, M. E. (2003). Assessing readiness to change binge eating and compensatory behaviors. *Eating Behaviors, 4*, 305-314.
9. Cummins, L. H., **Dunn, E. C.**, Rabin, L., Russo, J., Comtois, K., & McCann, B. S. (2003). Primary care provider familiarity with Binge Eating Disorder and implications for obesity management: A preliminary study. *Journal of Clinical Psychology in Medical Settings, 10*, 51-56.
10. **Dunn, E. C.**, Larimer, M. E., & Neighbors, C. (2002). Alcohol and drug-related negative consequences in college students with bulimia nervosa and binge eating disorder. *International Journal of Eating Disorders, 32*, 171-178.
11. **Dunn, E. C.**, Smith, R. E., & Smoll, F. L. (2001). Do sport-specific stressors predict athletic injury? *Journal of Science and Medicine in Sport, 4*, 283-291.
12. **Dunn, E. C.** & McAuley, E. (2001). Affective responses to acute exercise bouts of varying intensities. *Journal of Social Behavior and Personality, 15*, 201-214.
13. McAuley, E., Katula, J. A., Mihalko, S. L., Blissmer, B. A., Duncan, T. E., Pena, M., & **Dunn, E. C.** (1999). Mode of physical activity and self-efficacy in older adults: A latent growth curve analysis. *Journal of Gerontology: Psychological Sciences, 54*, 283-292.

(b) **Book Chapters**

Dunn, E.C., Hecht, J., & Krejci, J. (2013). Motivational interviewing groups for weight management. In C. Wagner and K. Ingersoll (Eds.) *Motivational interviewing in groups* (pp.332-350). New York: Guilford Press.

(c) **Treatment manuals**

Dunn, E.C., Cockell, S., Srikameswaran, S., & Geller, J. (2011) *Group motivational enhancement therapy: A manual for therapists treating patients with eating disorders*. Vancouver, BC: St. Paul's Hospital.

(d) **Conference Proceedings**

1. Geller, J., Srikameswaran, S., Zelichowska, J., Iyar, M., & **Dunn, E.C.** (September, 2013). *Patient characteristics vs. type of support offered: What matters more in determining social support satisfaction?* Poster session presented at the annual meeting of the *Eating Disorders Research Society*, Bethesda, Maryland, USA.
2. Iyar, M., Zelichowska, J., Srikameswaran, S., **Dunn, E.C.**, Geller, J. (June, 2013). *Intra- and Inter-Personal determinants of Social Support Satisfaction in the Eating Disorders*. Poster session presented at the 28th Annual Research Day for the Department of Psychiatry at the University of British Columbia, Vancouver, BC.
3. Zelichowska, J., Dunkley, C.R., Srikameswaran, S., **Dunn, E.C.**, & Geller, J. (October, 2012). *The contribution of self-compassion to eating disorder cognitions*. Poster session presented at the annual meeting of the Eating Disorders Association of Canada, Halifax, NS.
4. Dunkley, C.R, Zelichowska, J., Srikameswaran, S., **Dunn, E.C.**, & Geller, J. (June, 2012). *Sexual body esteem and sexual functioning in women: Does self-compassion promote resilience to the Western beauty ideal?* Poster session presented at the annual meeting of the American Association of Sexuality Educators, Counsellors, and Therapists, Austin, Texas, USA.
5. Zelichowska, J., Dunkley, C.R., Srikameswaran, S., **Dunn, E.C.**, & Geller, J. (April, 2012). *The contribution of self-compassion to eating disorder cognitions*. Poster session presented at the annual meeting of the Academy of Eating Disorders, Austin, Texas, USA.
6. Zelichowska, J., **Dunn, E.C.**, Dunkley, C.R., Srikameswaran, S., & Geller, J. (March, 2012). "Why can't we work together?" *Determinants of social support in the eating disorders*. Poster session presented at the annual meeting of the Counselling Psychology Research Conference, Langely, BC.
7. **Dunn, E.C.**, Brown, K.E., Zelichowska, J., Srikameswaran, S. & Geller, J. (November, 2011). *The effectiveness of a readiness-based model of service delivery for individuals with eating disorders*. Poster session presented at the annual meeting of the Association for Behavioural and Cognitive Therapies, Toronto, ON.
8. Zelichowska, J., **Dunn, E.C.**, Lockhart, A., Srikameswaran, S., & Geller, J. (September, 2011). *Factors associated with social support in the eating disorders: Exploring relations among support provider characteristics and approaches used*. Poster session presented at the annual meeting of the Eating Disorders Research Society, Edinburgh, Scotland.

9. **Dunn, E.C.**, Brown, K.E., Zelichowska, J., Srikameswaran, S., & Geller, J. (September, 2011). *The effectiveness of a readiness-based model of service delivery for adults with eating disorders*. Poster session presented at the annual meeting of the Eating Disorders Research Society, Edinburgh, Scotland.
10. Geller, J., Zelichowska, J., Jones, M., Srikameswaran, S., **Dunn, E.C.**, & Brown, K.E. (October, 2010). *Determinants of social support satisfaction in the eating disorders*. Poster session presented at the annual meeting of the Eating Disorders Research Society, Cambridge, Massachusetts, USA.
11. Geller, J., Jones, M., Zelichowska, J., **Dunn, E.C.**, Srikameswaran S., & Lockhart, A. (October, 2010). *Barriers to collaborative social support styles: Investigating the discrepancy between beliefs and behaviours*. Poster session presented at the annual meeting of the Eating Disorders Research Society, Cambridge, Massachusetts, USA.
12. Brown, K.E., Srikameswaran, S., **Dunn, E.C.**, Jones, M.I., Piper, W.E., & Geller, J. (2010, June). *The psychometric properties of the Readiness and Motivation Questionnaire: A symptom-specific measure of readiness for change in the eating disorders*. Poster to be presented at the annual meeting of the Academy for Eating Disorders, Salzburg, Austria.
13. **Dunn, E.C.**, Geller, J., & Brown, K.E. (2008, September). *Substance use in women seeking treatment for an eating disorder: Prevalence, severity, and barriers to accessing treatment*. Poster presented at the annual meeting of the Eating Disorders Research Society, Montreal, QC.
14. Geller, J., Brown, K.E., **Dunn, E.C.**, Srikameswaran, S., & Jones, M.I. (2008, September). *Social support in the eating disorders: Intra- and inter- personal determinants of support satisfaction*. Poster presented at the annual meeting of the Eating Disorders Research Society, Montreal, QC.
15. **Dunn, E.C.**, Geller, J., Neighbors, C., Brown, K.E., Neighbors, C., Williams, K.D., & Jones, M.I. (2007, November). *Women with severe eating disorders and concurrent substance use disorders: Prevalence and barriers to treatment*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
16. Jones, M.I., Brown, K.E., Cassin, S.E., **Dunn, E.C.**, Srikameswaran, S., & Geller, J. (2007, November). *The patient's perspective: Analysis of experiences with eating disorder healthcare providers*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia.
17. Jones, M.I., Brown, K.E., **Dunn, E.C.**, & Geller, J. (2007, October). *The treatment of chronic eating disorders: Predictors of outcomes*. Poster presented at the annual meeting of the Eating Disorder Research Society, Pittsburgh, PA.
18. Cassin, S.E., Brown, K.E., Jones, M.I., **Dunn, E.C.**, Srikameswaran, S., & Geller, J. (2007, October). *Improvements in readiness for change as a function of binge eating status*. Poster presented at the annual meeting of the Eating Disorder Research Society, Pittsburgh, PA.
19. **Dunn, E.C.**, Geller, J., Neighbors, C., Brown, K.E., Neighbors, C., Williams, K.D., & Jones, M.I. (2007, October). *Women with severe eating disorders and concurrent substance use disorders: Prevalence and barriers to treatment*. Poster presented at the annual meeting of the Eating Disorder Research Society, Pittsburgh, PA.

20. Geller, J., Brown, K.E., Srikameswaran, S., & **Dunn, E.C.** (2007, May). *The efficacy of readiness and motivation therapy in the eating disorders: Final results for a randomized control trial*. Poster presented at the annual meeting of the Academy for Eating Disorders, Baltimore, MD.
21. Geller, J., Brown, K.E., Srikameswaran, S., & **Dunn, E. C.** (2006, September). *The efficacy of a brief motivational intervention for individuals with eating disorders: Final results from a randomized control trial*. Paper presented at the annual meeting of the Eating Disorder Research Society, Port Douglas, AUS.
22. Jones, M.I., **Brown, K.E.**, Williams, K.D., Olley, M.C., **Dunn, E.C.**, & Geller J. (2006, April). *An exploration of factors impacting enrollment in intensive residential eating disorders treatment*. Poster presented at the University of British Columbia's Annual Psychiatry Research Day, Vancouver, B.C.
23. **Dunn, E.C.**, Neighbors, C., & Larimer, M. E. (2005, November). *Concurrent substance abuse and disordered eating among college women*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
24. Geller, J., **Dunn, E. C.**, Bates, M., & Zaitsoff, S. (2005, October). *A comparison of two methods of classifying the eating disorders: DSM-IV diagnosis vs. symptom profiles*. Poster presented at the annual meeting of the Eating Disorder Research Society, Toronto, ON.
25. Brown, K., Gallant, P., Geller, J., **Dunn, E. C.**, Srikameswaran, S. (2005, October). *A comparison of males and females presenting for specialized eating disorder treatment*. Poster presented at the annual meeting of the Eating Disorder Research Society, Toronto, ON.
26. Geller, J. & **Dunn, E. C.** (2005, April). *I'm not ready! Individual and group treatments that enhance motivation for change in the eating disorders*. Workshop presented at the annual meeting of the Academy for Eating Disorders, Montreal, QC.
27. Larimer, M.E., Whiteside, U., **Dunn, E. C.** (2004, November). *Comorbid eating and alcohol problems in college students*. Paper presented at the annual convention for the Association for the Advancement of Behavior Therapy, New Orleans, LA.
28. **Dunn, E. C.** (2003, November). *Motivational interviewing and self-help treatment for binge eating*. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Boston.
29. Whiteside, U. W., Hunter, D. A., **Dunn, E. C.**, Palmquist, R. M., & Naputi, L. M. (2003, November). *Severity of eating disorder pathology in relation to difficulties in emotion regulation*. Poster presented at the annual meeting of the Association of Advancement of Behavior Therapy, Boston, MA.
30. Whiteside, U. W., Huang-Cummins, L., **Dunn, E. C.**, Comtois, K. A., Russo, J., Witkiewitz, K., Chan, K., Ball, J., Simmons, A., & McCann, B. S. (2002, November). *Individual cognitive behavior therapy for Binge Eating Disorder with a diverse sample*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
31. **Dunn, E. C.** & Larimer, M. E. (2000, November). *Implications for the prevention and treatment of problem drinking and disordered eating among college women*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

(e) ***Invited Presentations***

1. **Dunn, E.C.** (2011, August). *Dialectical Behavior Therapy*. Presented to a multidisciplinary team of clinicians at the St. Paul's Hospital Eating Disorders Program In-service, Vancouver, BC.
2. **Dunn, E.C.** (2011, May) *Introduction to Motivational Interviewing*. Presented to a multidisciplinary team of clinicians at the St. Paul's Hospital Occupational Therapy In-service, Vancouver, BC.
3. **Dunn, E.C.** (2009, February). *Introduction to Motivational Interviewing*. Keynote address presented at the Medical Pearls Conference, Vancouver, BC.
4. **Dunn, E.C.** (2008, October). *Substance use and eating disorders: Results from an ongoing research trial*. Presented at Psychiatry Grand Rounds, University of British Columbia, Vancouver, BC.
5. **Dunn, E.C.** (2008, September). *An introduction to motivational interviewing*. Presented at Diabetes Education Day, Vancouver, BC.
6. **Dunn, E.C.** (2008, May). *Motivational interviewing for health professionals*. Presented at the Positive Aging: An Interdisciplinary Team Approach For Health Professionals Conference, Vancouver, BC.
7. **Dunn, E.C.** (2007, March). *Motivational interviewing for health behaviour change*. Keynote Address presented at the Dietitians of Canada Regional Conference, Vancouver, BC.
8. **Dunn, E. C.** (2006, October). *Introduction to the theory and principles of motivational interviewing*. Presented at the Mastering Metabolic Therapy Conference: A Continuing Education Program for Dietitians, Las Vegas, NV.
9. **Dunn, E. C.** (2005, August). *Motivational interviewing: Application to the treatment of eating disorders*. Presented at the Adult Metabolic Diseases Clinic, Vancouver General Hospital, Vancouver, BC.
10. **Dunn, E. C.** (2005, May). *Motivational interviewing: Application to the treatment of eating disorders*. Presented at Neuropsychiatry Grand Rounds, University of British Columbia, Vancouver, BC.
11. **Dunn, E. C.** (2004, February). *Motivating change in the eating disorders*. Presented at Psychiatry Rounds, University of Washington Medical Center, Seattle, WA.
12. **Dunn, E. C.** (2003, October). *Efficacy of a brief motivational interview adjunct to self-help treatment for binge eating*. Presented to the St. Paul's Hospital Eating Disorders Program, Vancouver, BC.

(f) ***Invited Motivational Interviewing Training Workshops***

1. **Dunn, E.C.** (2008, April). One-day training workshop provided to a multi-disciplinary group of health care providers (nurses, psychologists, psychiatrists) at British Columbia Children's Hospital, Vancouver, BC.
2. **Dunn, E.C.** (2008, February). Half-day training workshop provided to dieticians attending "Metabolic University," Denver, CO.

3. **Dunn, E.C.** (2007, August). Half-day training workshop provided to dieticians at Metabolic University, Denver, CO.
4. **Dunn, E. C.** (2006, May). One-day training workshop provided to a multi-disciplinary group of health care providers (dieticians, nurses, psychologists) at Vancouver General Hospital, Vancouver, BC.
5. **Dunn, E.C.** and Geller, J. (2006, March). Co-facilitated one-day training workshop for mental health and addictions counselors in Vancouver, BC.
6. **Dunn, E. C.** (2004, June). Two-day workshop provided to substance abuse counselors in Tacoma, WA.
7. **Dunn, E. C.** (2002, September). Two-day training workshop provided to researchers in the Department of Rehabilitation Medicine, University of Washington, Seattle, WA.
8. **Dunn, E. C.** (2001, September). Two-day training workshop provided to researchers in the Department of Psychology, University of Washington, Seattle, WA.